

Pantoum Poem. (a poem by numbers) – an example

1 Laughter

2 Something in my chest letting go

3 Less worried about things

4 Less pain in my face

2 Something in my chest letting go

5 Something which doesn't have a name, just a feeling

4 Less pain in my face

6 The skies are broad here, if I let them be

5 Something which doesn't have a name, just a feeling

7 I only have so much energy

6 The skies are broad here, if I let them be

8 Let them fill me with their lightness

7 I only have so much energy

3 Less worried about things

8 Let them fill me with their lightness

1 Laughter

Pantoum Poem. (Template)

1

2

3

4

2

5

4

6

5

7

6

8

7

3

8

1